

What is Mise en Place?

Answer the following questions in complete sentences as you watch the video.

1. What is the translation of “mise en place”?
2. Where does the term originate?
3. Why is “mise en place” in cooking or baking so important and what are the 3 main benefits?
4. Describe what is included in a mise en place.
5. List the 5 basic steps of “mise en place” in the template; one in each digit.

