

What Type of Friend Might I Be?

Directions: After reading the *Toxic Friends* article, complete the following: Identify the type of toxic friend the prompt is referencing. Refer to the article as needed.

What type of friend might I be if...

- I pressure you to do things you know are wrong or illegal?
- I always have to outdo you or your story?
- I am a boss on steroids?
- I never keep my word?
- I treat you meanly, but disguise it as fun and humor?
- I talk about you behind your back?
- I only call or talk to you if I need something?
- I always have to be the superior person?
- I tell secrets I promised not to?
- I bring out the worst in you rather than the best in you?
- I embarrass you, say I didn't really mean it?
- I rule your life and your identity?
- I never give, but only take?
- I ditch you for someone or something better?
- I don't stop teasing you when you say "enough"?
- I leave you running on empty?

- I lie to my parents and say I'm doing something with you, when I'm really doing something I shouldn't?
- I am happier bursting your bubble than boosting you?
- I forget to include you and then lie about it?
- I rudely and constantly interrupt you?
- I make choices you don't like when we're together?
- I cross the line and don't respect your boundaries?
- I gossip and trash talk people I claim to like?