

THE ENGLISH MUFFIN CHALLENGE

Scenario: You're hungry and you've got a little of this and little of that hanging out in your pantry. You want to make something, utilizing the English Muffins that you have, but want to be creative and use up some of the odds and ends so they don't go to waste.

Your challenge is to use the English Muffins, a small appliance (electric skillet, microwave oven or panini press) and at least 3 of the following pantry items to create an aesthetically pleasing dish.

Eggs	Cheese	Peanut Butter	Chick Peas	Bacon Bits
Onions	Carrots	Diced Tomatoes	Salsa	Jelly
Lettuce	Cucumbers	Marshmallow Fluff	Pickled Jalepenos	Tortilla Chips

**Herbs/Spices/Basic Staples--see me with requests

Step 1: Choose your ingredients:

Step 2: Write down the amounts your use of above ingredients.

Step 3: Write step by step directions for your creation.

Step 4: Take pictures of your creation using several different angles.

Step 5: Name your Creation: _____

Step 6: Describe the flavor of your creation using descriptive words in 2-3 sentences.