



Period of Purple Crying

Name \_\_\_\_\_

Answer the questions concerning purple crying as you view the video or explore the website.

1. What is “purple crying” and why should parents know about this?

2. What does each letter of the acronym stand for?

- P:
- U:
- R:
- P:
- L:
- E:

3. How long does purple crying typically last?

4. What connection does purple crying have to shaken baby syndrome?

5. What are 3 Action Steps a Parent Can Do?

- #1:
- #2:
- #3:

6. Complete the following scenario:

You have recently started caring for a 7 week old infant. Both parents work full time and mom has just returned back to work from maternity leave. The baby is generally pretty easy to care for while he is in your care. He has a great schedule, he eats well, and rarely fusses. The parents have let you know the baby has been crying almost every evening when they get home and the crying is lasting for hours at a time. The parents are very concerned that something is wrong and ask you if he is like this when he is in your care during the day.

Using what you've just learned about purple crying, what would you tell this family?