

Ted Talk: The Importance of Family Mealtime

Complete the following questions in complete sentences as view the Ted Talk titled, "[The Importance of Family Mealtime](#)".

- Do you think Heidi Weinstein has realistic expectations about family mealtime? Explain (5 points).

- Provide one of Heidi's talking points that you agree with OR disagree with. Explain your position (5 points).

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