

## Sheila's Story: Decision Making--Small Group Activity

**Step 1:** Read through the decision making scenario and identify the following:

- What decision does Sheila need to make?
- What are Sheila's values? What's important to her?
- What are Sheila's goals?
- What other information might Sheila need to gather?

**Step 2:** Open the envelope of possible options. Read through each option, as a group and identify the pros and cons. Write at least one pro and one con on the back of each option.

**Step 3:** After identifying the pros and cons for each option, eliminate any that are

- Unsafe or Illegal
- Impossible in this situation

**Step 4:** Of the remaining option slips, select 4 that are worth exploring. Draw stars on these slips.

- What information might Sheila need to make a well informed decision?
- Whom could Sheila consult about this or what agency or resource could she consult?

**Step 5:** As a group, choose what you believe to be the best, Top 3 options for Sheila to choose from. Draw circles around the stars on your top 3 choices.

**Step 6:** Out of the Top 3, select the choice which your group thinks is most consistent with Sheila's values (refer to Step 1 answers). Why did your

group think this was the best option? Explain in one solid paragraph, minimum 5 sentences.

**Step 7:** Now it's time to evaluate the chosen decision...

- Where might this decision lead?
- How might this decision affect others?
- What if everyone in similar situations made the same decision?
- What would she think of herself tomorrow?
- How would someone she respects look at her choice?

**Step 8:** I- Messages

- Sheila needs to convey to her boyfriend how all of this makes her feel using I-Messages. Write one I-message per group member. Include your name in parentheses behind the statement you wrote. Refer to your notes for the I-Message formula if necessary.

**Step 9:** Decision Making Presentation for Sheila's Story

- Use the Google Slideshow Template to show the decision making process for Sheila's Story.
- Submit it to Google Classroom when you are finished.