

## **Sheila's Story**

Sheila and her boyfriend have been going together for a year. Her boyfriend has decided that it is time to have sex. She isn't so sure. She really likes him but she is worried about pregnancy and sexually transmitted infections. These would really mess up her future plans of college and she just isn't sure she's ready for the commitment, after all she's not really in love with him. They are alone at her house and her parent's won't be home for a while and he is putting the moves on her. What should Sheila do? Work through the practical problem solving process using the guide sheet and answer the questions as they pertain to this situation. see template for set up.

**Options: Cut apart & place in an envelope**

- Say NO, break up with him
- Say NO, if he really cares about you he'll wait
- Say maybe later
- Say YES and don't worry about the consequences
- He says they're having sex and physically forces her
- Say you won't go all the way, but you will fool around
- Slug him for even suggesting the idea
- Say you want to talk to someone else about it

● Threaten to tell everyone how forward and womanizing he is

● Run away

● Tell him “it’s that time of the month” (even if it’s not)

● Tell him you really want to “talk” about it more with him

● Say YES, if you use protection (contraception)