





How Does Your Self-Esteem Shine?

- Creatively write your name in the center of the sun
- Add “20 Things You Like about Yourself” around the sunshine and in the rainbow arcs. Include a variety of PIES examples.
- Share two quotes to help you think positive when it comes to your self-esteem. Add these below the rainbow arcs.
- Color in the visual after you’ve added all of the above information.