



Seasonal and Simple App Worksheet

(Use the App to find the answers to the questions.)

1. When is cauliflower in season?
 2. What is the maximum number of days can a bag of collard greens be refrigerated safely?
 3. What should you look for when choosing grapes?
 4. How much cilantro or mint is used in the Honeydew Melon salsa recipe?
 5. How is the cilantro or mint prepared in the Honeydew Melon salsa recipe?
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6. What is the percentage of daily value of total daily fat value on the nutritional label of the chicken vegetable soup with kale?
 7. How many recipe categories can be made with okra?
 8. How do you prepare fresh raspberries?