



How to Change a Diaper

Scan the QR Code to access the video and complete the following after viewing.

1. The average newborn uses _____diapers a day.
2. What supplies should be readily available when changing a baby?
3. What does the video suggest using if the baby skin is irritated?
4. Describe two ways to keep baby from rolling off the changing table.
5. Rank the following diaper changing steps in the correct order with #1 being the first step and #6 being the last step.
 - _____ remove dirty diaper
 - _____ wipe genital area clean
 - _____ secure tabs
 - _____ wrap and dispose of soiled diaper
 - _____ lift bottom, slide clean diaper in
 - _____ air dry and apply creams if needed
6. Why should you keep a baby boys' genital area covered while changing them?
7. What direction should a boy's penis face when you secure the diaper? Why?

8. How should you do to the diaper if the umbilical cord hasn't fallen off yet?
9. How should you wipe a baby girl's genital area?
10. Predict what might happen if a diaper is secured too tight or too loose?
11. What should the caregiver do after changing the baby's diaper? Explain why that step is so important.