

Puzzle Scenarios

- **#1:** If I gave you a baggie full of puzzle pieces and it contained more border pieces than inner pieces and asked you for the analogy of this to eating patterns/habits, what might you come up with?

- **#2:** If I gave you a baggie full of puzzle pieces and it contained more inner pieces than border pieces and I asked you for the analogy of this to eating patterns/habits, what might you come up with?

- **#3:** If I gave you a complete puzzle, all pieces fit together to make a picture. If I asked you for the analogy of this to eating patterns/habits, what might you come up with?

