

# Meeting Baby's Needs: Postcards from the Heart

We've learned that infants are not capable of providing any of their own needs, thus making parents responsible for putting Maslow's Hierarchy of Needs Theory into practice.

To demonstrate how you will do this as a future parent, you will write a series of five postcards (plus a title card) to your future child, documenting and explaining how you plan to meet their needs during their first year of life.

## Postcard Topics:

- Title: Postcards to my Child & Your Name
- Postcard #1: Nourishing your Body
- Postcard #2: Keeping you Safe
- Postcard #3: Developing your Relationships
- Postcard #4: Building your Trust
- Postcard #5: Growing your Brain

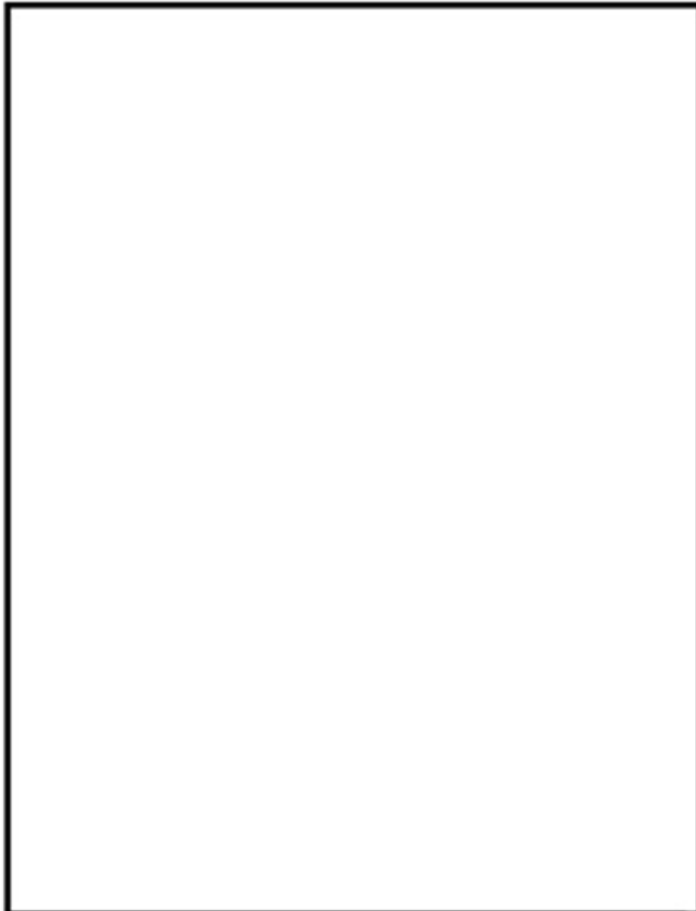
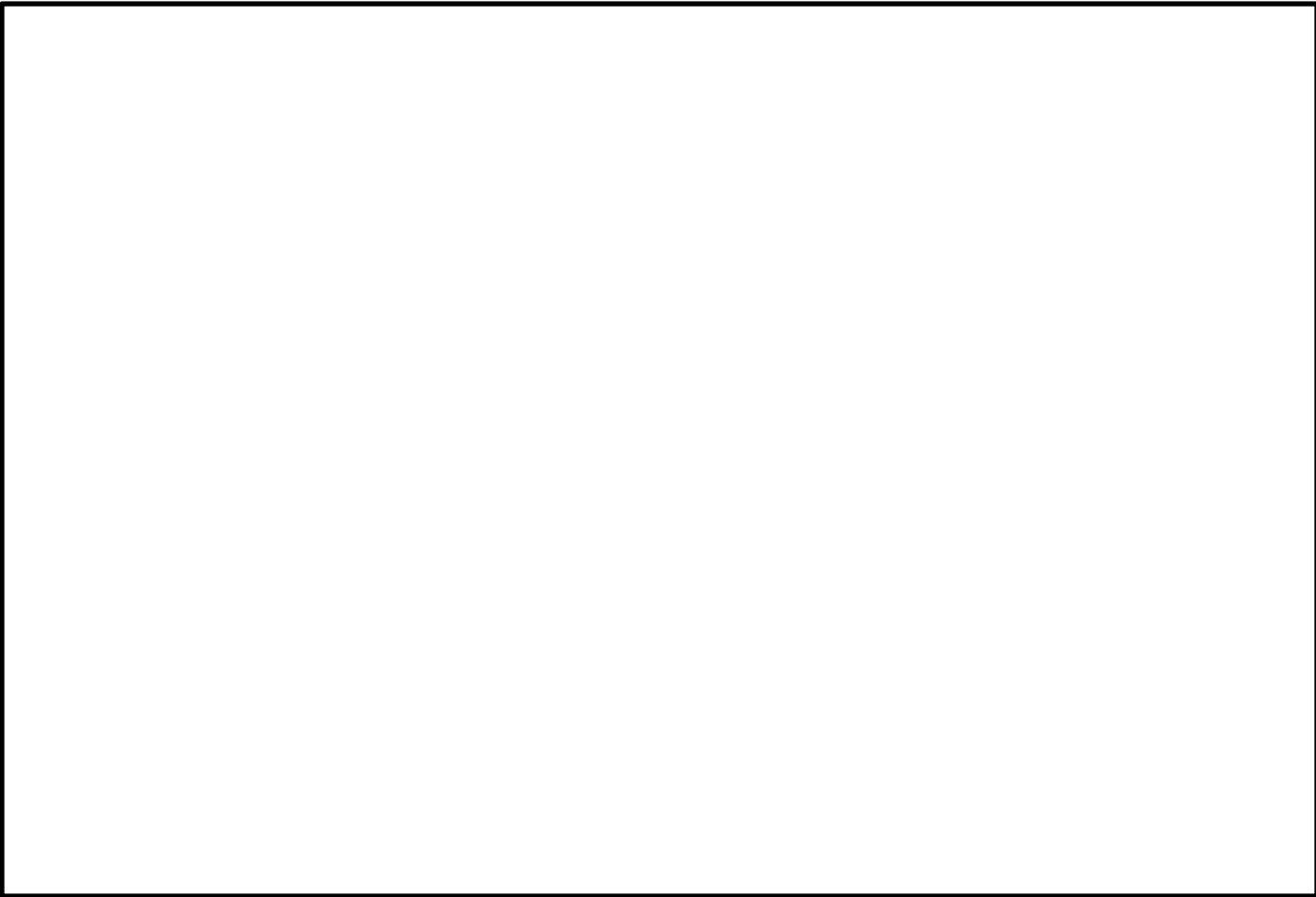


## Postcard Criteria

- On each postcard you will “write to your baby”, explaining how you plan to meet the need and why it’s important for you to do so during this first year of development.
- Creatively greet and close your postcards and address each of them to your future baby.
- Include a computer generated or hand drawn picture on the front of each postcard, along with a caption that relates to the topic being written about.

## Rubric for Postcards

\_\_\_\_\_ Title Page (2)    \_\_\_\_\_ Postcard Format (5)    \_\_\_\_\_ Relevant Pictures/Captions (10)  
\_\_\_\_\_ Solid Explanation of Providing Needs (25)    \_\_\_\_\_ Neat, Colorful, Creative (3)  
\_\_\_\_\_ Total Points (45)



A small, empty square box with a black border, located in the top-right corner of the bottom-right section. It is intended for drawing or writing.
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