

Periodic Table of Fruits/Vegetables

We are creating a periodic table for the fruits and vegetables. You will pick a fruit/vegetable from the assigned list and make an individual element slide. Use the internet to find the information for your periodic table. Include everything shown on the sample. You will go to the slide show emailed to you, make a copy of the Template slide (right click on the slide with the Sy, click duplicate slide and fill it in according to the information below. Please read over the example slide of Apple that has been created for you to reference.

1. Create a symbol to represent your fruit. It can only be 2 letters. It must start with the first letter in the name of your fruit/vegetable. The second letter can be the second letter in the name or your fruit/vegetable or another letter in the name. It must be an accurate representation of your fruit/vegetable.
2. Search for the nutrition facts for your fruit/vegetable to find out the
 - a. Serving size
 - b. Calories per Serving
 - c. Vital Nutrients in Percent Daily Value
3. Search for a picture of your fruit/vegetable. Copy and attach to your periodic table (replace and remove the picture given on the template).
4. You need to find 3 different facts on each of these below and include them in paragraph form on
 - a. Where your fruit/vegetable is grown (what country) and when it grows best (fall, winter, summer, spring?)
 - b. How can you prepare and use your fruit/vegetable (frozen, fresh, dried, juiced, baked, etc)
 - c. What are the health benefits of your fruit or vegetable (these will probably be similar to what you include in your vital nutrients list)
 - d. Where was your fruit/vegetable originally grown (again what country) and when was it brought to the United States.
5. Include your name and period on the bottom of the page
6. Make sure it all fits on one slide and looks like the sample Apple slide.
7. These will be printed these and hung in the hall.