

ORDER THE JAR SALAD

Teacher Notes: Place students in small groups and give each an envelope of the below salad jar ingredients (cut apart). Students must read ingredients and work together to put the directions into the correct order (build the salad from the bottom of the jar to the top). When they (think) are finished, they should raise their hand and the teacher will check for accuracy. **If the ingredients are not in the correct order, ask them to try again (don't tell them what's wrong, let them figure it out as a group). If the steps are in order, tell them to wait until they rest of the groups get a chance to finish.

Toppings
Lettuce/Leafy Greens
Proteins & Cheeses
Pasta & Grains
Beans & Tender Vegetables
Hearty Vegetables
Dressing