



## Newborn Care

Read the following descriptions as they apply to newborns. Write the letter “C” on the line if you believe it to be correct and the letter “I” on the line if you believe it to be incorrect.

- \_\_\_\_\_ 1. Baby’s face should be covered when they are swaddled.
- \_\_\_\_\_ 2. Baby should be secure on a changing table with either a caregiver’s hand or changing table strap.
- \_\_\_\_\_ 3. Water level in a plastic bath tub should be approximately 5 inches deep.
- \_\_\_\_\_ 4. Soap is optional for a newborn.
- \_\_\_\_\_ 5. Wiping the genital area of a baby should be from back to front.
- \_\_\_\_\_ 6. Test the water temperature of a baby’s bath with your fingers.
- \_\_\_\_\_ 7. Baby’s neck should be supported when using the Daddy or Heisman Trophy Hold.
- \_\_\_\_\_ 8. It’s alright to leave a baby for a few minutes to answer the phone while giving them a bath or changing their diaper.
- \_\_\_\_\_ 9. Wash your hands before and after changing a baby’s diaper.
- \_\_\_\_\_ 10. Room temperature should be 74 degrees to keep baby warm while bathing.
- \_\_\_\_\_ 11. Hold baby completely over the shoulder when burping them.
- \_\_\_\_\_ 12. Baby may not burp every time they feed.
- \_\_\_\_\_ 13. Cover the umbilical cord with the diaper in order to protect it.
- \_\_\_\_\_ 14. Diapers should be secured really tightly.
- \_\_\_\_\_ 15. Baby’s hands can be in or out when swaddling them.
- \_\_\_\_\_ 16. Baby should be burped at the end of a feeding, after a couple of ounces or when a nursing mother switches breasts.
- \_\_\_\_\_ 17. When attempting to burp baby, rub or pat their backs to help relieve gas.
- \_\_\_\_\_ 18. Ointments, creams and petroleum jelly can be applied to reduce or aid diaper rash.

- \_\_\_\_\_ 19. Baths can be given to babies in the kitchen sink.
- \_\_\_\_\_ 20. Towels are placed in the bathtubs to keep the baby from slipping.
- \_\_\_\_\_ 21. A baby boys' penis should be facing up when securing a clean diaper.
- \_\_\_\_\_ 22. Wash baby from dirtiest area to cleanest area.
- \_\_\_\_\_ 23. Use Q-tips to clean the inside (ear canal) portion of the ear.
- \_\_\_\_\_ 24. Baby may spit up when burping.
- \_\_\_\_\_ 25. Comb baby's scalp after a bath to help reduce cradle cap.