



Name that Grain!

Use the provided grain information sheets your group received to complete this challenge. Of the six major grains, which...

1.... was once thought to be fit only for animal consumption?

2....was introduced to the Pilgrims by Native Americans?

3....was used by the Egyptians to make the very first yeast-leavened breads?

4....may have been brought to America by Columbus?

5....is thought to be one of the first grains ever cultivated?

6....was once viewed only as a weed that grew among wheat?

7...was the chief grain of early Egyptians, Greeks and Romans?

8....became favored by Northern Europeans during the Middle Ages?

9....is a native grain of the American continent?

10....is NOT native to the U.S. and was not grown here until 1777?

11....is produced in large amounts in Russia?

12...is grown in north central and northeastern U.S. and Canada?

13....came to the colonies by way of Charleston, South Carolina?

14....can grow and thrive in harsh climates where wheat cannot?

- 15....grows best in flat areas of very wet land referred to as paddies?
- 16....is grown on more acres than any other grain?
- 17....is the largest grain crop in the U.S. and is grown in some form in all states?
- 18....is often an ingredient in soup?
- 19....is the staple food for much of Asia?
- 20....is used to make very dark bread?
- 21....is used to make granola?
- 22....is also known as “maize”?
- 23....is used more than any other cereal grain?
- 24....comes in white, red, yellow and blue?
- 25....is used in “pearl” form in soups, pilaf, stews, salads or desserts?
- 26....is used in many Scottish dishes, including scones?
- 27....is also used and consumed as a vegetable?
- 28....is the most important food for nearly half the world’s population?
- 29....is less popular today except among the Germans and the Russians?
- 30.... is also a source of a popular cooking oil?