



MyPlate Fairy Tale Storybook Assignment

You may work individually or with one other person to write or rewrite a common fairy tale to incorporate the MyPlate information you learn from www.choosemyplate.gov. Navigate this website to learn more about the food group requirements for young children (toddlers/preschoolers) as well as appropriate food examples.

Objective: Create a Flipsnack Flipbook that encourages young children to eat foods from all of the food groups in appropriate amounts. If children hear stories about characters eating healthy, then maybe they will be encouraged to do so as well.

*****This should take 2-3 class periods*****

- a. You will create this in Microsoft PowerPoint (approximately 10-12 pages).
- b. Before you begin, open a new presentation in PowerPoint and go to the Design Tab and Slide Orientation. Change it to Portrait.
- c. The first slide will be a cover page for your book. It must include a title (be creative), all group members names (first names only), and an introduction to your fairy tale.
- d. The following slides will devoted the following:
 - i. Write in complete sentences at a level that young children would understand. If adapting an existing fairy tale, don't stray from the original too much
 - ii. Give a brief overview of MyPlate and its purpose in choosing healthy meals and snacks.
 - iii. Be sure to include specific information about each food group and the daily requirement necessary for young children (toddlers/preschoolers) and examples of foods from each group that a young child would actually consume.
 - iv. Include pictures of characters, foods and/or food groups on every page
 - v. Explain why it's important to eat healthy – now and in the future. -- think of this as your conclusion
- e. Once all slides are created, save it first as a PowerPoint file (.pptx) and then save it as a .pdf.

- f. Email your PowerPoint file to this address: _____ with your name in the subject line.
- g. You will log into Flipsnack and upload the .pdf to (<http://www.flipsnack.com/>).
- (over)
- h. It will create a link for you to share. You will share your flipbook to our class Pinterest board (log in information: _____) Edit your flipbook to include group members' names in the Pinterest post.

Now that you are finished...

Go back to your individual computers and go to the class Pinterest board. View at least 3 other groups' story books by clicking the visit site tab and peer evaluate them using the provided form. Then, make a positive comment (2-3) sentences about their book in the comment section. Make sure you include your name at the end of your comment and turn in your evaluation forms when finished.

Grading: Do a thorough self-check of your project to be sure you've included and completed all parts of this project. You **MUST** turn in this rubric after providing comments on Pinterest. Failure to do so will result in a loss of 5 points.

- _____ Cover Page: Creative Title, Name(s) & Intro
- _____ Overview Slide of MyPlate and its purpose
- _____ Food Group Slides: All food group with requirements and appropriate food examples present
- _____ Final Slide explaining why it's important to eat healthy now & in the future
- _____ Shared with Teacher: Emailed
- _____ Flipsnack Book: Created and pinned to class Pinterest Board
- _____ Comments: Three Books with Name Included: The three books I viewed were: _____
- _____ Spelling & Grammar: Free of Errors

Total Project: _____ 100 points

