

Mise en Place: A Circle Story



If you give a student chef a recipe for _____, the student chef is going to be very excited and want to make it right away! But first, the student chef will need to mise en place the cooking station.

If he/she needs to mise en place the cooking station, then he/ she is going to have to read the recipe. If he/she reads the recipe, he/she will need to determine the necessary ingredients and equipment in order to make_____. **(List the tools/equipment, ingredients and amounts in the space below.)**

Ingredients & Amounts

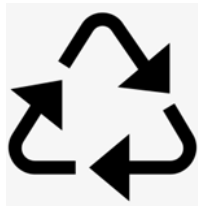
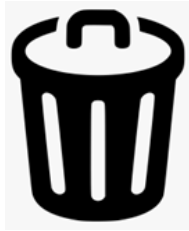
Tools

Equipment

Once he/she has determined the necessary ingredients, tools and equipment, he/she will need to prepare them so they are “cooking ready”. The ingredient(s) that need(s) to be cooking ready include... **(List the ingredient(s) and what needs to be done to make them cooking ready (cleaned, chopped, measured, etc.) in the space below.)**

Being conscious of the workspace, he/she will want to keep it clean and organized while prepping the ingredients. To do this, he/she will need to manage what remains from the preparation of those ingredients into the correct category (*garbage, compost, recycle*).

Sort what remains by listing it behind the correct disposal icon.



When he/she has everything in order, he/she will begin preparing the recipe by...**Sequentially ordering the steps of recipe preparation in the space below with #1 being the first step.**

Once the _____is prepared, he/she will probably want to sample it. In order to properly eat this product, he/she will need to set the table. **Draw what that would look like in the space below.**

Anticipating the sensory pleasures this food will have will make his/her mouth water and he/she will want to dive right in. But then, he/she will remember to use his/her manners and slowdown in order to savor the experience! **Based on the ingredients, describe the tastes/flavors you think you will experience.**

After tasting the _____, he/she will have this to say... **(Write a 5+ sentence response about the food tasting and lab prep experience in the space below).**

Hearing your response will cause others to request this food. So, chances are you'll need to mise en place all over again in order to make more _____!