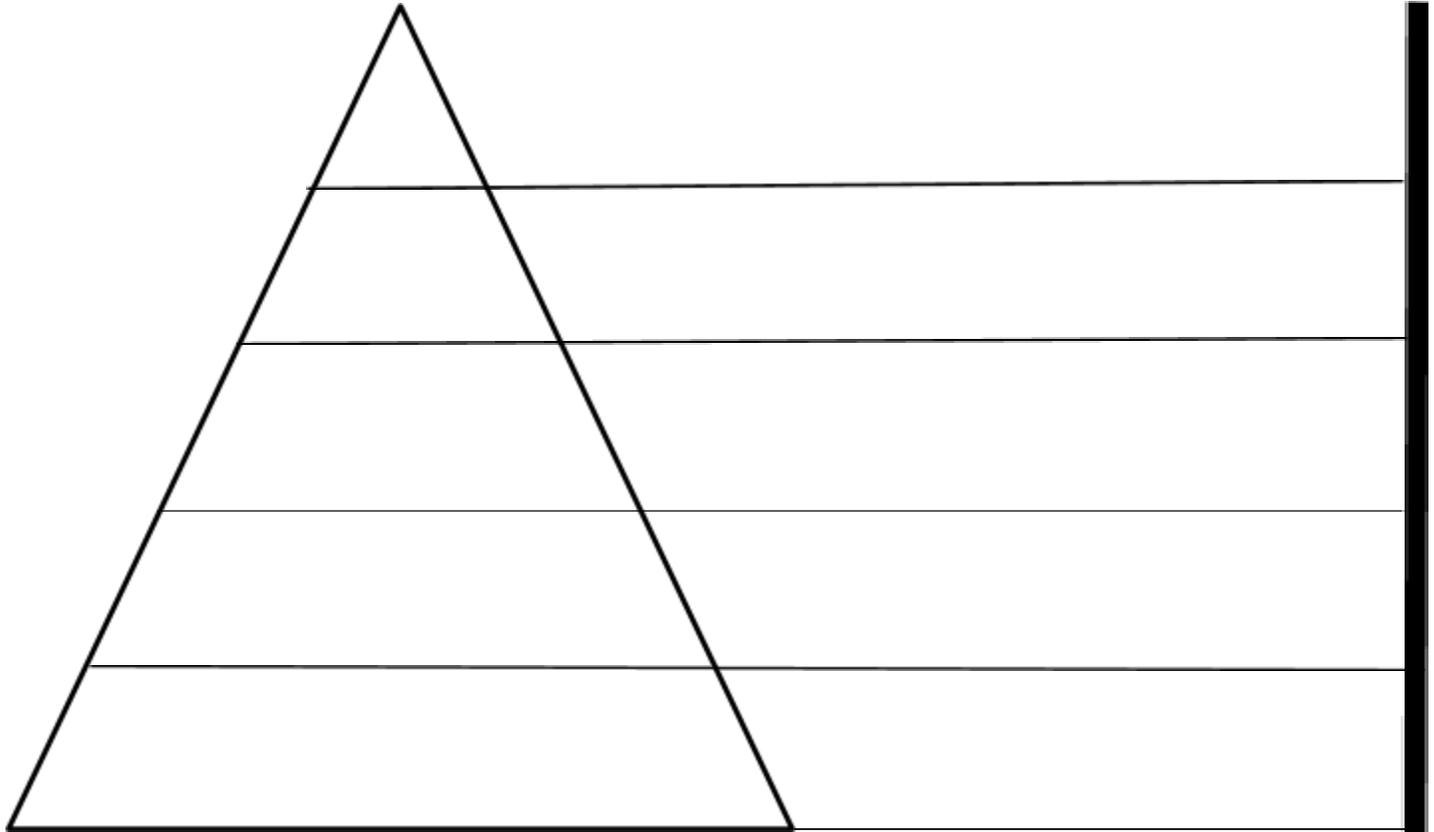


Maslow's Hierarchy of Needs

Read the article and fill in the 5 levels of Maslow's Hierarchy of Needs on the pyramid. Provide at least 5 examples on the lines corresponding with each level.



1. Why do people move through the hierarchy from the bottom to the top? Cite evidence from the article to support your response.

2. Use Maslow's Hierarchy of Needs to explain why a student who doesn't eat a nourishing lunch will likely do poorly in school.

3. Based on the information in the article, the reader can conclude:

- A. All human behavior follows the same pattern.
- B. There are no exceptions to Maslow's theory.
- C. You have reached self-actualization if you have a stable job and income.
- D. Some people never reach self-actualization.

4. Re-read the following line from section 3 :“Social Needs”: “An anorexic, for example, may ignore the need to eat and the security of health for a feeling of control and belonging.” The author most likely included this sentence for the purpose of:

- A. demonstrating the danger of anorexia, an eating disorder
- B. showing an exception to a person's progression through Maslow's Hierarchy of Needs
- C. providing an example of a disease that commonly manifests during Level 3
- D. convincing the reader to accept the Hierarchy of Needs

5. If individuals are struggling with an unfulfilled need, give an example of a community resource or organization that could “assist” them with meeting the unfulfilled “need” for that level. Name the level, the need and the resource in your response.