



How to Dress a Baby

Scan the QR code to access the video and complete the following after viewing.

1. When you hold and dress your newborn baby, you want to handle them slowly and gently. This makes them feel _____ and _____.
2. You should support the baby's _____ and _____ with one hand, and the _____ and _____ with the other.
3. Where should you lay baby down to dress him/her?
4. What should you have close at hand after you lay baby down to dress him/her?
5. When putting on a shirt or sweater, start with the _____.
6. Why shouldn't you use shoes until your baby can walk?
7. How should you dress your baby to go outside?
8. What is a key piece of clothing baby needs during the winter months?
9. What should you try to avoid during the summer months?

Take turns dressing and undressing the Real Care baby using the tips you've learned.