



How to Install a Car Seat

Scan the QR code to access the video and complete the following after viewing.

1. What is one of the first things you want to adjust on your car seat base when installing it?
2. What angle should your car seat base be set at?
3. There are two ways to install a car seat. Briefly describe the first way that is demonstrated.
4. What is the second way demonstrated? The second way has an acronym for a name, what does the acronym stand for?
5. How can you tell if your car has the metal bars (anchors) underneath the seat to hook a car seat into (what will you see on your seat)?
6. Briefly describe the second way to install a car seat that is demonstrated:



7. How many inches should you be able to move a successfully installed car seat base side to side, and front to back?

8. How can you tell if the car seat is actually anchored into the base when you put your baby in the car?

9. Infants always ride in what type of position in a car?

10. Where should the harness straps lie on an infant?

11. What can you do to test if the car seat harness is tight enough on the baby?

12. Where should the retainer clip lie on baby once they are strapped in to the car seat?

13. What should EVERYONE always be wearing when riding in a car (not on the video, but a good reminder)?

If time, your group can see if you can figure out how to take the car seat in and out of the base provided.

