

Nestle Hot Cocoa Mix (27.7 oz.): \$4.88



Nutrition Facts		Datos De Nutrición	
Serving Size/Tamaño por Ración 2 Tbsp/cda. (20 g)			
Servings Per Container/Raciones por Envase about/aprox. 39			
Amount Per Serving/Cantidad por Ración			
Calories/Calorías	80	Fat Cal./Cal. de Grasa	25
% Daily Value*%/Valor Diario*			
Total Fat/Grasa Total	2.5 g		4%
Sat. Fat/Grasa Sat.	2.5 g		13%
Trans Fat/Grasa Trans	0 g		
Cholest./Coolest.	0 mg		0%
Sodium/Sodio	170 mg		7%
Total Carb./Carb. Total	15 g		5%
Fiber/Fibra	< 1 g		3%
Sugars/Azúcares	10 g		
Protein/Proteínas	< 1 g		
Vitamin/Vitamina A 0% • Vitamin/Vitamina C 0%			
Calcium/Calcio 30% • Iron/Hierro 2%			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
*Los porcentajes de Valores Diarios están basados en una dieta de 2,000 calorías. Sus valores diarios pueden ser mayores o menores dependiendo de sus necesidades calóricas:			
Calories/Calorías:		2,000	2,500
Total Fat/Grasa Total	Less than/Menos de	65 g	80 g
Sat. Fat/Grasa Sat.	Less than/Menos de	25 g	25 g
Cholesterol/Coolesterol	Less than/Menos de	300 mg	300 mg
Sodium/Sodio	Less than/Menos de	2,400 mg	2,400 mg
Total Carbohydrate/Carbohidrato Total		300 g	375 g
Dietary Fiber/Fibra Dietética		25 g	30 g
NUTRITION FACTS ARE PER 8 FL OZ HOT COCOA, AS REQUIRED BY FDA REGULATIONS. NUTRITION VALUES ARE LESS FOR 6 FL OZ WHEN PREPARED AS DIRECTED.			

INGREDIENTS: SUGAR, CORN SYRUP SOLIDS, HYDROGENATED VEGETABLE OIL (COCONUT AND/OR PALM KERNEL AND/OR SOYBEAN), DAIRY PRODUCT SOLIDS, COCOA PROCESSED WITH ALKALI, CALCIUM CARBONATE, AND LESS THAN 2% OF SALT, CELLULOSE GUM, SODIUM CASEINATE, DIPOTASSIUM PHOSPHATE, SODIUM ALUMINOSILICATE, MONO- AND DIGLYCERIDES, GUAR GUM, NONFAT MILK, ARTIFICIAL FLAVOR, SUCRALOSE.

CONTAINS: MILK INGREDIENTS. MAY CONTAIN SOY AND WHEAT.

Starbucks Hot Cocoa Mix (10 oz.) \$9.80



Nutrition Facts

Serving Size 2 Tbsp (20g)

Servings Per Container 14

Amount Per Serving

Calories 80 Calories from Fat 15

% Daily Value*

Total Fat 1.5g **2%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 0mg **0%**

Total Carbohydrate 16g **5%**

Dietary Fiber 2g **8%**

Sugars 12g

Protein 2g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: INGREDIENTS: SUGAR, COCOA (PROCESSED WITH ALKALI), VANILLA POWDER.

Land O'Lakes Cocoa Classics Hot Cocoa Mix (14.8 oz):
\$3.98



Nutrition Facts	
Serving Size 1/4 Cup Mix (35g) [Makes 7 fl oz Cocoa]	
Servings Per Container About 12	
Amount Per Serving	
Calories 140	Calories from Fat 25
% Daily Value*	
Total Fat 3g	5%
Saturated Fat 2.5g	13%
Sodium 270mg	11%
Total Carbohydrate 26g	9%
Dietary Fiber 1g	4%
Sugars 24g	
Protein 3g	
Calcium 10%	Iron 4%
Not a significant source of trans fat, cholesterol, vitamin A, and vitamin C.	
* Percent Daily Values are based on a 2,000 calorie diet	

INGREDIENTS: SUGAR, NONFAT DRY MILK, WHEY, DUTCH-PROCESSED COCOA, COCONUT OIL, CORN SYRUP SOLIDS, PARTIALLY HYDROGENATED SOYBEAN OIL, SALT, POTASSIUM & SODIUM PHOSPHATE, CELLULOSE GUM, MONO & DIGLYCERIDES, SODIUM CASEINATE, NATURAL & ARTIFICIAL FLAVOR, SOY LECITHIN.

CONTAINS: MILK, SOY

