



Fruit Classifications

Descriptions as per Guide to Good Food Textbook
2012 Edition

Berries

Small, juicy fruits

Thin skins

Highly perishable

Drupe

Outer skin covering

Soft, fleshy fruit

Surrounds a hard pit or stone

Pomes

Central seed containing core
Surrounded by a thick layer of
flesh

Citrus Fruits

Thick outer rind

Thin membrane separates
flesh into segments

Melons

Large, juicy fruits

Thick rinds, many seeds

Produced by plants in the
gourd family

Tropical Fruits

Grown in warm climates

Exotic

Available throughout the world