

## Food Labeling Claims

There are many nutrition or health claims used by food manufacturers. Read about each claim and summarize in your own words what they really mean.

<http://www.health.com/health/gallery/0,,20599288,00.html/view-all>

Claim Says	What the Claim Really Means
All Natural	
Multi-Grain	
Fat Free	
Gluten Free	
Made with Real Fruit	
Organic	
Zero- Trans Fat	
No Sugar Added	
Sugar Free	
Light	

Now use this information to inform others by creating an acrostic poem using words as the first letter of each line. Use the letters of the phrase "***Beware of Claims***" as a guide. The poem should express the main ideas from the information you just read about.

Make sure you

- Have more than one word per line; use phrases and sentences.
- Express important ideas from the article and video.
- Have sentences that flow from one line to the next.
- Use your space and avoid large areas of nothing.

You should

- Type this as a one page Google Doc using a creative font
- Include one picture or symbol to represent and reflect the ideas you wrote about.
- Submit your finished poem via Google Classroom.

Date Due \_\_\_\_\_