Identify the influence on food choices being illustrated in each of the following examples. Influences may be used more than once.

**Word Bank:** Advertising, Celebration, Culture, Economics, Emotions/Boredom, Nutrition/Health, Sensory Appeals, Social, Time/Resources

1. Myra eats three balanced meals daily plus a couple of nutritious snacks: _________________
2. Matt can smell freshly baked cookies before he even gets to the kitchen: _________________
3. Sara compares the prices and volumes (amounts) on various brands of foods before she makes the best selection: _________________
4. Randy chooses foods that are easy to prepare since he’s a college man living in a small apartment with limited time and skills: _________________
5. Jake exercises daily, rotating between cardio and weight training, along with watching his caloric intake, to be at his physical best: _________________
6. Jeremy goes to the refrigerator every ten minutes to see if there is anything new to eat: _________________
7. The Heinz family of six saves $122.00 a month on gas and makes a family dinner for $3.69: _________________
8. What’s a birthday, baby shower or wedding without cake: _________________
9. Mrs. Graybill’s class studies the characteristics of common eating disorders so they know the signs if they see them: _________________
10. Suzanne devours a bag of chips after she and her boyfriend have a fight: _________________
11. Rashu is from India and does not eat beef: _________________
12. Going to the mall with our friends makes us thirsty and hungry: _________________
13. Everyone goes for pizza after the local football game: _________________
14. Julie is a practicing vegetarian: _________________
15. “Snap, Crackle, Pop” and “They’re Great” remain stuck in our minds since childhood and sometimes bring back good memories of childhood foods: _________________