



Name \_\_\_\_\_

**Identify the influence on food choices being illustrated in each of the following examples. Influences may be used more than once.**

**Word Bank:** *Advertising, Celebration, Culture, Economics, Emotions/Boredom, Nutrition/Health, Sensory Appeals, Social, Time/Resources*

1. Myra eats three balanced meals daily plus a couple of nutritious snacks: \_\_\_\_\_
2. Matt can smell freshly baked cookies before he even gets to the kitchen: \_\_\_\_\_
3. Sara compares the prices and volumes (amounts) on various brands of foods before she makes the best selection: \_\_\_\_\_
4. Randy chooses foods that are easy to prepare since he's a college man living in a small apartment with limited time and skills: \_\_\_\_\_
5. Jake exercises daily, rotating between cardio and weight training, along with watching his caloric intake, to be at his physical best: \_\_\_\_\_
6. Jeremy goes to the refrigerator every ten minutes to see if there is anything new to eat:  
\_\_\_\_\_
7. The Heinz family of six saves \$122.00 a month on gas and makes a family dinner for \$3.69:  
\_\_\_\_\_
8. What's a birthday, baby shower or wedding without cake: \_\_\_\_\_
9. Mrs. Graybill's class studies the characteristics of common eating disorders so they know the signs if they see them: \_\_\_\_\_
10. Suzanne devours a bag of chips after she and her boyfriend have a fight: \_\_\_\_\_
11. Rashu is from India and does not eat beef: \_\_\_\_\_
12. Going to the mall with our friends makes us thirsty and hungry: \_\_\_\_\_
13. Everyone goes for pizza after the local football game: \_\_\_\_\_
14. Julie is a practicing vegetarian: \_\_\_\_\_
15. "Snap, Crackle, Pop" and "They're Great" remain stuck in our minds since childhood and sometimes bring back good memories of childhood foods: \_\_\_\_\_

