



Dear Chef Tidbits,

I am down to my last \$10 in my food budget and still need meals for this week. I would like to make something that I can eat tonight and still have leftovers to eat 3 or 4 more times. I want to maintain my healthy lifestyle so I want my meal to contain at least 3 of the 5 food groups from MyPlate. Since I only have \$5 to spend for the week, I don't want to spend more than \$3 per serving.

~Signed Struggling Sam

Help "Chef Tidbits" solve "Struggling Sam's" dinner dilemma by creating a Google Slide-Show presentation of 3 dinner options you'd recommend. Each slide option should include:

- Name of the Dish or Meal
- A Picture of the Dish or Meal
- A Calculation of the Total Price and Price Per Serving
- Hyperlink the Recipe to the Name of the Dish or Meal
- A List of all of the Ingredients labeled by Food Groups
- See Sample

## One Pan Taco Dinner

**Total Price: \$10.12**

**Price Per Serving: \$2.53**

**Vegetables: Lettuce, tomato, salsa**

**Grains: Rice**

**Proteins: Ground Beef**

**Dairy: Cheddar Cheese**

**Miscellaneous: Taco seasoning mix**



