

GET THE POWER WITH PROTEIN

# 10 POUNDS PER WEEK!

**Too good to be true? Lose weight quickly and keep it off forever! This turbo diet, developed and tested by a European M.D., is now available in the U.S.**

From Europe comes this revolutionary new diet that can put a stop to the "yo-yo" effect. Based on the body's own metabolic process, this program can safely bring about significant weight loss in only a few weeks, because it actually retrains the body eliminating the tendency for the weight to return. Clinical studies have proven this diet to be simple, effective, and lasting.

The author, Dr. Dieter Markert, is an anesthesiologist and pain therapist in private practice and treats patients with natural and holistic therapy. Part of his work involves treating individuals damaged by previous diets. Dr. Markert developed a method of switching the natural

body functions from "fat" to "slim" with the help of a diet plan and natural amino acids. At the same time, the body receives protection from free radicals.

Dr. Markert's book, *The Turbo-Protein Diet*, explains how to achieve weight reduction in a healthy manner. This pure liquid fast cure is supplemented with a simple exercise program. A weight loss of about 6 to 10 pounds a week is possible. When the program is completed, the metabolism and thyroid gland have been retrained enabling the lost weight to be kept off for good. *Dr. Markert's patients are successful at losing weight and increasing their metabolic rate.*

The Author of the #1 Top-Selling Nonfiction Book in German-Speaking Countries Presents:

# THE TURBO-PROTEIN DIET

Stop  
Yo-Yo  
DiETING  
Forever

DIETER MARKERT

**"Fantastic!! I lost 17 pounds in only 14 days. No hunger pangs at all!"**

— Billy V., Melrose, MT

**"Just a thank you to Almased USA. I lost 16 pounds in 2 weeks. What a great product!"**

— Betty M., Willis, TX

**To learn more about how this program can work for you, ask for *The Turbo-Protein Diet* by Dr. Dieter Markert at a bookstore near you or order your copy by calling this toll-free number: 1-800-444-2524.**

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