

Effects of Screen Time on a Child's Development

A. Read this article: [The Actual Effects of Screen Time on Kids' Development](#)

Explain the effects of "screens" on children's development in each area below (include 2 ideas for each)

Area of Development	Effects
Brain Development	1. 2.
Language Development	1. 2.
Physical Development	1. 2.
Social/Emotional Development	1. 2.

Name two significant long term health effects regarding screen time:

- 1.
- 2.



B. Writing Prompt:

Are “screens” (cell phones and electronic devices) helping or hindering the developing child? Thoroughly explain your position and provide 3 reasons to support it, citing evidence from the article you just read. Use this [graphic organizer](#) to formulate your response.

C. Guidelines

Since “screens” (cell phones/electronic devices) seem to be here to stay and will be part of daily life for most families, there needs to be guidelines for their use. Imagine you are the parent of a toddler and preschool aged child, create a set of 5 guidelines for their use. Be prepared to share with the class.

- 1.
- 2.
- 3.
- 4.
- 5.



