

Fighting Type II Diabetes

Overview

- Working with a partner, you are to create an online poster to educate your target audience about Type II Diabetes. We are focusing on Type II Diabetes because, according to the American Diabetes Association, the number of cases diagnosed has drastically risen over the years. However, it has been determined that there are certain risk factors to both prevent, and maintain Type II Diabetes.

Objective

Numerous organizations have made it their mission to research Diabetes, with the hopes of halting the growing number of people of cases diagnosed. Educational efforts, such as the American Diabetes Association's **Stop Diabetes** campaign have been paving the way for such efforts. To get the information out to as many people as possible, numerous media outlets are utilized. In the digital age, one effective medium is online education posters. You will education your target audience, high school students, about what Type II Diabetes is, the symptoms, the risk factors, preventative measures they can take for themselves, nutrition information for prevention and maintenance, and what they can do to contribute to the fight to Stop Diabetes.

Directions

- Create an informational online poster about Type II Diabetes
- Your target audience will be high school students.
- Reference your research on Type II Diabetes to include on your online poster
- Follow the rubric below

Answer the following questions before creating your poster, and consider these factors when creating your poster.

1. How much do you think high school students already know about Type II Diabetes?
2. What type of information/delivery format attracts the attention of high school students (shocking statistics, pictures, videos, etc., hands-on activities, etc.)?
3. What information do you think is the most important to get across to high school students regarding Type II Diabetes, and why (help themselves to prevent, help others prevent/manage, etc.)?
4. What information was most impactful for your personally?
5. Why is so much money, time, and effort being put into campaigns such as the Stop Diabetes campaign?

Rubric (Items to Include)

1. Explanation (in understandable terms) of what Type II Diabetes is _____/2
2. Common symptoms of Type II Diabetes _____/2
3. Health issues associated with Type II Diabetes _____/2
4. Risk factors for Type II Diabetes that cannot be changed _____/2
5. Controllable behaviors that can increase risk _____/2
6. Diagnosis/treatment methods _____/2
7. Key actions teens can take now to take an active stance towards prevention _____/2
8. Best foods to consume for prevention _____/2
9. Foods to avoid for prevention _____/2
10. A minimum of 5 appropriate graphics/pictures/images _____/2
11. Where people can get more information about Type II Diabetes (4 reputable sources) _____/2
12. Proper format, spelling, grammar, and punctuation _____/2
13. Creativity (use of color, attractive presentation, easy to read) _____/3
14. Information clearly directed towards target audience (teenagers) _____/3

Total: _____/30 points

- TO TURN IN THIS PROJECT, Email poster to heflinn@wws.k12.in.us

Websites to reference:

<http://www.diabetes.org>

<http://www.who.int/mediacentre/factsheets/fs312/en/>

http://www.who.int/diabetes/global-report/WHD2016_Diabetes_Infographic_v2.pdf?ua=1

<http://www.cdc.gov/diabetes/data/statistics/2014statisticsreport.html>

<http://www.cdc.gov/diabetes/prevention/prediabetes-type2/index.html>

<http://www.diabetes.org/diabetes-basics/type-2/>

<http://www.healthline.com/health/type-2-diabetes>

<http://www.cdc.gov/diabetes/pubs/statsreport14/diabetes-infographic.pdf>

Here are some online poster websites:

Canva: www.canva.com

Lucid Press: www.lucidpress.com

piktochart

Glogster: www.glogster.com

Smore: www.smores.com