

# Delayed Gratification Video Guide

View John Stossel's YouTube clip "[Delayed Gratification Makes for Better Children](#)"

Effects of Eating the Marshmallow (instant gratification) List all.

Effects of Waiting to Eat the Marshmallows (delayed gratification) List all

How do we teach this to children? List & Briefly Explain 5.

The KEY is \_\_\_\_\_ (**SNCISTOEYCN**)! Why does it matter?