

Casserole Over

1. "Casserole" was French for what piece of equipment?
2. Cooking vessels for casseroles can be insulators or conductors based on the materials they are made from. Identify which vessel materials applies to the following:

Insulator:

Conductor:

3. Which vessel material heats up fast and which one heats up slow?

Fast:

Slow:

4. Who perfected the one-dish casserole style concept and why?

5. _____: The era representing the peak of the casserole craze.

6. In your opinion, why have casseroles made a comeback especially for busy families and young adults living on their own?



7. Types of Casseroles:

Broccoli	Tuna	
Lasagna	Moussaka	
Bean	Pot Pie	

8. Casseroles must include:

- 1-2 M_____ I_____
- S_____
- A_____
- S_____
- B_____

9. Based on the information you just viewed, create a t-chart of advantages and disadvantages to making and serving casseroles. Provide at least three of each.

10. What is your favorite casserole? Why?

