



Bean Bag Project

Since toddlers need to work on refining all of their motor skills, as caregivers we need to provide them with opportunities to do so. We will do this by making bean bags and creating fun activities to help develop their large motor skills and balance.

Step 1: Construct a no-sew felt bean bag using hot glue and beans or rice (in Ziploc baggies). You will decorate your bean bag as a silly monster using felt scraps and tacky glue.

Step 2: Individually or with a partner you will create 6 bean bag activities to help toddlers develop their large motor skills and balance. Remember to keep safety in mind when developing the activities, especially those that involve catching and throwing the bean bags. Remember to use the word “gently” as we don’t want to injure the children. The categories for the activities include:

- Tossing activity
- Catching activity
- Foot activity
- Pick-up activity
- Kicking activity
- Balancing activity

Step 3: type up the instructions and print them off so that at least three activities are per page. Include the category of the activity on your instructions. These will be cut apart and placed in stations. See Example.

Tossing Activity

Place the Bean bag on a spatula, flip the bean bag into the air, and catch the bean bag on the spatula as it comes back down.

Step 4: Use your bean bags and complete all of the activities in each of the stations.



Materials:

Felt Squares (1 per 2 students)
Felt Scraps
Hot Glue Guns & Sticks
Tacky Glue
Scissors
Beans or Rice
Baggies
Tape

Directions:

One piece of felt per two students; cut in quarters. Give two pieces to each person. Measure out approximately $\frac{1}{4}$ to $\frac{1}{3}$ cup of beans or rice and place in a Ziploc baggie and seal; manipulate it into a square shape, and tape over the excess baggie. Place in the center of your felt to make sure there is a good amount of excess felt around it. Now glue the two pieces of felt together in a U-shape using hot glue—insert the bean baggie and hot glue the square shut.

Decorate the outside of your bean using felt scraps and tacky glue.

Rubric:

Criteria (x 5)	Present	Not Present
Bean Bag constructed neatly & securely		
Decorated neatly & securely as a silly monster		
Instructions for 6 activity categories		
Typed Instructions		
Total Points: 20		

CIRCLE ONE OF THE FOLLOWING options:

Keep my Bean Bag

Donate my Bean Bag

