## Nature & Outdoor Play

View the TEDx "<u>How to Raise a Wild Child</u>" video and answer the following questions.

## **Previewing Questions**

- What is your opinion regarding children, nature and outdoor play? For it or against it? Briefly explain.
- Do you believe children are experiencing nature deficit disorder? Why or why not?
- How much time (percent/ratio) do you think should children (toddlers, preschoolers and school age) be outdoors compared to playing inside with technology?

## While Viewing:

- 1. What is the presenters opinion regarding children, nature and outdoor play? For it or against it? Briefly explain.
- 2. What is the actual amount of time (percent/ratio) children are playing outdoors compared to playing inside with technology?
- 3. Does the answer to #2 surprise you? Explain



- 4. Why is this indoor migration happening?
- 5. What are children missing?
- 6. What are the benefits of outdoor play?

- 7. What can be done to change this?
- 8. The speaker shares the acronym "NEW". Identify and briefly explain what each letter represents.
- N:
- E:
- W:



## **After-Viewing Questions**

A. What is your opinion regarding children, nature and outdoor play after watching the video? Has it changed? Explain why or why not.

B. Prediction: What do you think the long-term effects are going to be if this nature deficit disorder and indoor migration behavior doesn't change? Name and briefly explain at least two long-term effects.

