

Fun Facts about Rice (click to open)

Highlight the FALSE statements. Correct the statement by adding or deleting information to make it TRUE based on the resource.

- 1. Rice is a grain or cereal, like wheat or oats.
- 2. Rice is not grown in the United States.
- 3. Rice is the most widely consumed staple food for a large part of the world's human population.
- 4. Rice is the third-highest worldwide production, after sugarcane and maize.
- 5. There are more than 40,000 varieties of cultivated rice.
- 6. White rice is whole grain rice, with the inedible outer hull removed while brown rice is the same grain with the hull, bran layer and cereal germ removed.
- 7. Rice provides 20% of the world's dietary energy supply.
- 8. Rice is high in fat and sodium.
- 9. Rice is naturally gluten free.
- 10. The nutrient value of rice depends on the variety and cooking method.
- 11. The varieties of rice are typically classified as long-, medium-, and short-grained.
- 12. In China a typical greeting, instead of "How are you?" is "Have you had your rice today?"
- 13. Rice is a symbol of good luck.